E-Mail Newsletter

SEPTEMBER 2014

ISSUE #59

Office hours:

342 Mountain Ave, 2nd Floor

Mon – Friday 9-5

All services are free of charge

To gain entry into our office you will need to enter through the Co-op door on Mountain Avenue, through the old store and up the stairs.

This is only a temporary measure.

Thank you for your patience.

Neepawa & Area Immigrant Settlement Services

Services for people from around the world

What we do:

We provide assistance to people who are learning to live in a new country. Settlement services help people develop skills and knowledge to participate in a new society.

Settlement Assistance:

- **Information and orientation about life in Canada and your community**
- **Assistance in completing forms**
- **Support, information and assistance concerning immigration issues**
- **Advocacy referrals**
- **Referrals for education, employment, language and housing**
- **Commissioner of Oaths and Notary Public services**
- **Provide workshops and information sessions to assist newcomers in finding work and settling into their new community**

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Neepawa & Immigrant Settlement Services is a CIC funded organization that will ask you to give certain personal information: your full name, date of birth, and immigration number or immigration document. We urge you to provide this information when requested. This information is given to CIC. During this process, CIC and Settlement Services keep your information confidential. Your personal information will not be used for any other purpose without your consent. This information is used to better understand newcomers' needs. Settlement services use your information to help plan and manage CIC programs and the services that we provide to you.
So, your information helps us ensure that the services fit your needs.

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If you move to another Province, you need to update the following contacts of your new address and information:

1. **Citizenship Immigration Canada**
2. **Manitoba Health**
3. **Manitoba Public Insurance and your car insurance agency**
4. **Canada Post Office in order to have your mail re-directed to your new address. They will not forward Government mail.**
5. **Revenue Canada regarding Child Tax Credit and Income Tax.**

To not advise the above contacts is misleading Government Agencies and is considered fraud.

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We keep our rental listing private, come on in and check it out!

BE CAREFUL ABOUT SCAMS:

A scam can reach you through any of the ways that we use to communicate with each other: the telephone, through the postal service, via social networking sites, even door-to-door, to name just a few.

Protect Yourself: Be cautious of any phone call, email or other request which you receive that wants you to take an action, particularly if that action involves giving out your confidential personal or financial information. Before you do anything else, always verify the message or request with an independent source. That means you don't use anything provided by the person, the website or the email, when you check to see if the request is valid.

Today's telephone technology can allow a caller to block their identity and number from being displayed. With special equipment, it can also let a caller display a completely different name or number, even one that belongs to a legitimate company.

Protect Yourself: Warn your family members to be wary of any caller that wants them to divulge confidential personal or financial information, especially those that want them to send money. No one should rely solely on "call display" to determine if a caller is who they claim to be. Before taking any other action, always verify the request with an independent source. That means you don't use any numbers provided by the caller, when you check to see if the request is valid.

Most calls which you receive at the office are for legitimate business reasons. However, it is entirely possible that a fraudster could contact you, trying to obtain either confidential personal or financial information or proprietary business information from you, by pretending to be a co-worker or other trusted person.

Protect Yourself: How do you tell the difference between a legitimate call that you receive and a fraudulent one? Fraudsters will pressure you to provide information, for any number of urgent reasons. Legitimate callers will not pressure you. They will understand when you offer to call them back so that you can verify the legitimacy of their request.

So, your first step is, once again…verify the request by using an independent source. That may be as simple as checking with your manager or with a Privacy or Information Security representative in your company.

Scott Dyke
Branch Manager RBC Royal Bank
Tel. 204-476-7301
Email – scott.dyke@rbc.com

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****Heart and Stroke Big Bike****

Ride big and live big on the Heart & Stroke Big Bike. Hop on the Big Bike in Neepawa, on Tuesday, September 16, 2014, Yellowhead Centre, 175 Mountain Ave. Register online at bigbike.ca, raise a minimum of $50, and you are automatically entered to win a dream vacation.

Your rights as per the www.cic.gc.ca website:

Upon receiving conditional permanent residence, you have all the rights and privileges of a permanent resident:

You are allowed to work or study in Canada without a work or study permit.
You have access to health coverage and social services.
You are allowed to leave and re-enter Canada.

IF YOU ARE A VICTIM OF ABUSE OR NEGLECT, YOU DO NOT HAVE TO REMAIN IN AN ABUSIVE SITUATION.

It does not matter whether the conditional permanent residence measure applies to you. In Canada, abuse is not tolerated. All physical and sexual abuse is a crime. All child abuse must be reported.

What is abuse or neglect?

Abuse is behaviour used to intimidate, isolate, dominate or control another person. It may be a pattern or a single incident. Abuse might involve acts, words or even neglect.

The abuse can be physical, sexual, psychological or financial.

As a victim you may experience more than one type of abuse.
Usually the abuser is a spouse, former spouse, partner or former partner.
Sometimes, it can be a member of your spouse's or partner's family.
The abuser may be male or female.
Physical abuse is physical contact intended to intimidate or cause pain, injury, other physical suffering or bodily harm or forcible confinement. Among others, examples include being hit, beaten, slapped, punched, and pushed or shoved resulting in injury or that could result in injury.

Sexual abuse includes force or threat used in any situation, against the victim's will, resulting in unwanted sexual touching or sexual activity.

Psychological abuse might include force or control not limited to insults, intimidation, humiliation, harassment or threats, name-calling, yelling, blaming, disrespecting, criticizing, or threatening to take away or hurt a victim's children.

Financial abuse is where one partner has control over the other partner's access to economic resources. Some examples include taking the victim's cheque or money and withholding money, so that the victim cannot pay for things they or their children need, such as food, shelter or medical treatment.

Neglect is failure to provide the necessaries of life, such as food, clothing, medical care or shelter, or any other omission which results in a risk of serious harm.

Being abused or neglected by your sponsor or their family?
You do not have to stay in the relationship to keep your status in Canada if you are being abused or neglected.

If you are affected by the conditional permanent residence measure, you can request an exception.

If you are not affected by the conditional permanent residence measure, you should remember that in Canada, abuse is not tolerated. You do not have to remain in an abusive situation. Come see us at the office for more information.

Loans for Skilled Immigrants!

The program is called RECOGNITION COUNTS and it is a program that provides supports to skilled immigrants wishing to work in their fields of expertise in Manitoba. The program offers financial counselling, as well as the opportunity to apply for a loan of up to $10,000, to help with the costs of having your qualifications recognized in Manitoba and obtaining employment in your field of expertise. Call us for an appointment and perhaps be referred to the program! 204-476-2055

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If you are a Permanent Resident or have been asked to hand in your passports to become a Permanent Resident, you are entitled to attend one of our workshops here at 342 Mountain Ave, 2nd Floor:

1) Citizenship Info session will be held at 1:30 pm on Tuesday, Sept 16th and Tuesday, October 14th

2) Employment Readiness workshop is on Monday, Sept 15th and Monday, October 20th from 9:30 -3:30 pm in our boardroom. Please bring a bagged lunch.

3) Adjusting to Life in Canada held on Tues, Sept 23rd and October 21st @1:30 pm

4) Health Care Information Session being held on Tuesday, Sept 9th and October 7th @1:30 pm

5) Workplace Integration held on Tuesday, Sept 30th and October 28th @1:30

6) SERVICE CANADA - BENEFIT & PROGRAM INFO SESSION
IS RESCHEDULED FOR SATURDAY, SEPTEMBER 13TH @11:00 A.M.
A SERVICE CANADA SPECIALIST WILL GIVE AN OVERVIEW ON SERVICE CANADA'S BENEFITS; EMPLOYMENT INSURANCE, MATERNITY, PARENTAL, SICK BENEFITS, COMPASSIONATE CARE; CANADA PENSION AND OLD AGE SECURITY

7) ON SATURDAY, SEPT 27TH, NEW JOURNEY HOUSING WILL BE BACK AT 1:00-4:00 PM TO HELP EXPLAIN THE DETAILS ON HOW TO BUY YOUR FIRST HOME FOR NEWCOMERS. EVERYONE IS WELCOME.

8) BECAUSE I LOVE YOU ....
FOR PARENTS OF PRESCHOOLERS. DISCUSS AND SHARE WITH OTHER PARENTS YOUR PARENTING ISSUES. FREE AND FUN.
STARTING FRIDAY, SEPT 19TH, 2014 @10 – 12 PM
THIS IS A 6 WEEK PROGRAM HELD BY A FACILITATOR TRAINED AND CERTIFIED AND HELD JOINTLY WITH THE ASSINIBOINE NORTH PARENT CHILD COALITION

9) <u>BASIC INTRODUCTION TO COMPUTERS – EXCEL PROGRAM</u>
BRING YOUR OWN LAPTOP
3:30-5:00 PM WEDNESDAYS SEPT 10, 17, 24TH

10) <u>WOMEN'S TOPIC GROUP</u>
A PLACE FOR WOMEN TO EXCHANGE IDEAS AND ACQUIRE USEFUL INFORMATION FROM ONE ANOTHER
HELD FRIDAYS 6-7 PM BEGINNING
SEPT 12TH, 19TH AND 26TH

11) <u>BASIC INTRODUCTION TO COMPUTERS – WORD PROGRAM</u>
BRING YOUR OWN LAPTOP
3:30 – 5:00 PM
WEDNESDAYS OCTOBER 8TH, 15TH & 22ND

12) <u>WOMEN'S TOPIC GROUP</u>
A PLACE FOR WOMEN TO EXCHANGE IDEAS AND ACQUIRE USEFUL INFORMATION FROM ONE ANOTHER
HELD FRIDAYS 6-7 PM BEGINNING
OCTOBER 10TH, 17TH & 24TH

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We are also very excited to announce that our English As An Additional Language classes begin again on Monday evening September 15th at our office on 342 Mountain Ave, 2nd Floor.
We will be running classes on Monday, twice on Tuesdays, Wednesday and Thursday. Much the same as before however due to the retirement of some of the teachers, there have been new hires and they are:
Mrs. Myla Ignacio - she will be teaching one of the basic language classes and;
Mr. Murray Martin - a newly retired teacher from NACI. Mr. Martin has prior EAL experience and has probably taught some of your children!
We are all very excited about the new changes and thank our past teachers for their friendships.

Free E.A.L. classes are available to anyone who is an adult Permanent Resident. We highly recommend English classes to anyone who wishes to further their goals of improved English for daily life, advance in their career or complete a better job search. A better job may allow you to earn more money and maybe be able to purchase a home or a bigger house and have money for your children's post-secondary education. Whatever your reason … we have a class for you! Classes begin Monday evening; two classes on Tuesday (one a.m. and one p.m.), one Wednesday pm class and one Thursday a.m. class. Give us a call so we can add your name to the list!
Free daycare is available for you while you attend a day class, so when you call us to register … let us know you need daycare. See you then!

1. CALL NAISS OFFICE AT 204-476-2055 OR;
2. DROP BY OUR OFFICE AT 342 MOUNTAIN AVE., 2ND FLOOR IN NEEPAWA
MON - FRI FROM 9 AM TO 5 PM.

PLEASE LET US KNOW WHICH WORKSHOP/INFO/CLASS THAT INTERESTS YOU WHEN YOU REGISTER AND LET US KNOW IF YOU REQUIRE THE FREE CHILDCARE WHILE YOU ATTEND.

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Think you might want to experience the pleasure of camping overnight but just need a helping hand? This summer, register for Riding Mountain National Park's Learn-to-Camp events, co-presented with Mountain Equipment Co-op! These events are hosted across Canada and offer you the opportunity to learn how to plan and enjoy safe and successful camping trips.

Events feature workshops on camping related skills like how to set up a tent or cook in the outdoors. Participants have the opportunity to enjoy fun interpretive programs and other Parks Canada activities.

Check them out at: **Parks Canada - Riding Mountain National Park - Learn to Camp**
www.pc.gc.ca

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Keep your Manitoba Health Card, with you at all times.
In your wallet or purse. Always.
Just in case you need to go to the hospital in case of an emergency. Then hospital staff will have your name, numbers and your health history in order to assist you better.

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A new Honorary Consul General for MB, upon taking the position of Honorary Consul General, Orli Marcelino will handle consular matters such as visa and passport processing.

Orlando Marcelino
Winnipeg, MB
204-880-9788
orli.marcelino@yahoo.com
www.pilipino-express.com

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Letter from the Editor

Well, that warm weather certainly came and went quickly didn't it? Hope you enjoyed it ☺ Now it's back to school time and frosty nights again. Children are dragging their feet to school in the morning. Funny they don't realize it's the time of their life! For those of us who have children starting a new school; we must remember it can be difficult for them. Doesn't matter if its kindergarten or College, our role of a parent is to be supportive in this time of settlement and integration. Blessed are our children, for they are our future. God bless.

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