



E-Mail Newsletter

APRIL 2015

ISSUE #66

Office hours:

342 Mountain Ave, 2nd Floor

Mon – Friday
9-5

PLEASE BE ADVISED THAT WE WILL BE CLOSED FOR GOOD FRIDAY APRIL 3RD AND EASTER MONDAY, APRIL 6TH

Neepawa & Area Immigrant Settlement Services Services for people from around the world

What we do:

We provide assistance to people who are learning to live in a new country. Settlement services help people develop skills and knowledge to participate in a new society.

Settlement Assistance:

- Information and orientation about life in Canada and your community
- Assistance in completing forms
- Support, information and assistance concerning immigration issues
- Advocacy referrals
- Referrals for education, employment, language and housing
- Commissioner of Oaths and Notary Public services
- Provide workshops and information sessions to assist newcomers in finding work and settling into their new community

If you are a Permanent Resident or have been asked to hand in your passports to become a Permanent Resident, you are entitled to attend one of our classes here at 342 Mountain Ave, 2nd Floor:

Employment Workshops

1) BASIC INTRODUCTION TO COMPUTERS – EXCEL

BRING YOUR OWN LAPTOP

WEDNESDAY, APRIL 8TH @3:30-4:30 PM

2) BASIC INTRODUCTION TO COMPUTERS – WORD PROGRAM

BRING YOUR OWN LAPTOP

WEDNESDAY, APRIL 15TH AT 3:30 – 4:30 PM

2) BASIC INTRODUCTION TO COMPUTERS – POWER POINT

BRING YOUR OWN LAPTOP

WEDNESDAY, APRIL 22ND @3:30 – 4:30 P.M.

Upon receiving conditional permanent residence, you have all the rights and privileges of a permanent resident:

You are allowed to work or study in Canada without a work or study permit.

You have access to health coverage and social services.

You are allowed to leave and re-enter Canada.

IF YOU ARE A VICTIM OF ABUSE OR NEGLECT, YOU DO NOT HAVE TO REMAIN IN AN ABUSIVE SITUATION.

It does not matter whether the conditional permanent residence measure applies to you. In Canada, abuse is not tolerated. All physical and sexual abuse is a crime. All child abuse must be reported.

What is abuse or neglect?

Abuse is behaviour used to intimidate, isolate, dominate or control another person. It may be a pattern or a single incident. Abuse might involve acts, words or even neglect.

The abuse can be physical, sexual, psychological or financial.

As a victim you may experience more than one type of abuse.

Usually the abuser is a spouse, former spouse, partner or former partner.

Sometimes, it can be a member of your spouse's or partner's family.

The abuser may be male or female.

Physical abuse is physical contact intended to intimidate or cause pain, injury, other physical suffering or bodily harm or forcible confinement. Among others, examples include being hit, beaten, slapped, punched, and pushed or shoved resulting in injury or that could result in injury.

Sexual abuse includes force or threat used in any situation, against the victim's will, resulting in unwanted sexual touching or sexual activity.

Psychological abuse might include force or control not limited to insults, intimidation, humiliation, harassment or threats, name-calling, yelling, blaming, disrespecting, criticizing, or threatening to take away or hurt a victim's children.

Financial abuse is where one partner has control over the other partner's access to economic resources. Some examples include taking the victim's cheque or money and withholding money, so that the victim cannot pay for things they or their children need, such as food, shelter or medical treatment.

Neglect is failure to provide the necessities of life, such as food, clothing, medical care or shelter, or any other omission which results in a risk of serious harm.

Being abused or neglected by your sponsor or their family?

You do not have to stay in the relationship to keep your status in Canada if you are being abused or neglected.

If you are affected by the conditional permanent residence measure, you can request an exception.

If you are not affected by the conditional permanent residence measure, you should remember that in Canada, abuse is not tolerated. You do not have to remain in an

